

Ice Sports

1) Ice Hockey

Ice Hockey is a very popular sport in the USA, Canada, Sweden and Russia, where almost every major city freezes in the winter. If you hit it hard, the 'puck' moves over the ice like a bullet. The technology of hockey skates makes the game one of the fastest sports in the world. However, it is common for fights to break out during a game, and so has a reputation for being a violent game.



Ice Hockey Fights: <https://www.youtube.com/watch?v=IAV1q9LWIQY>

2) Broomball

Broomball is similar to hockey, but instead of a puck, you use a ball, and instead of a hockey stick, you use something like a broom.

2014 Canadian Broomball Championships:
<https://www.youtube.com/watch?v=Xy9sy-jwYVI>



3) Figure Skating

Figure skating is well known for its elegance and its costumes. Figure skating demonstrates very flamboyant costumes, that no other sport can do. With the right choice of music and the style and grace of angels, figure skating is a sport that can delight and enthrall.



Russian National Awards, 2017: <https://www.youtube.com/watch?v=0RLQvaFWQ84>

4) Curling

Curling is a big shuffleboard on ice. It is a strategy sport, and requires balance and control.



Lillehammer 2016 Youth Olympic Games: <https://www.youtube.com/watch?v=EiSxbjZVQOc>

5) Speed Skating

This is an exciting sport to watch. The skaters wear very long blades, to skate faster. One small mistake, and the long blade can cause a skater to fall over.



1500 meters Men's Final, 2015: <https://www.youtube.com/watch?v=CZtxUAXypI0> (02:20 – 03:20)

6) Bobsleigh

Bobsleigh (or bobsled) is a winter sport in which teams of two or four teammates make timed runs down narrow, twisting, banked, iced tracks in a gravity-powered sled. The timed runs are combined to calculate the final score.

The Art of Bobsleigh:

<https://www.youtube.com/watch?v=sXXzf6zpUzo>



7) Skeleton

Skeleton is a sport in which a person rides a small sled (known as a "skeleton bobsled/bobsleigh") along an iced track, lying down. The sport was named from the appearance of the sleigh.

Sochi 2014 Winter Olympics:

<https://www.youtube.com/watch?v=W8WDqnpvqdo>

